



f.l.a.m.e.

FEMINIST LED ACTIVIST MOVEMENT TO EMPOWER
ILLINOIS STATE UNIVERSITY

Issue 11

January 2009

Save the Dates: Upcoming FLAME Info

- February 2: WGS Social 8 p.m. Rachel Cooper. Free Food!
- February 9: Second FLAME meeting of the semester! Planned Parenthood will be presenting!
- February 20-21: The Vagina Monologues at 7 p.m. in Capen Auditorium



Welcome Back Meeting!

On January 26th, F.L.A.M.E. held their first meeting of the semester. We played a fabulous game of feminist “Mingle Bingo” to get to know everybody that we have been working with for so long! People raced to find somebody wearing a feminist t-shirt, somebody who knew what Eve Ensler did, somebody on the F.L.A.M.E. executive board, and somebody who had taken a Women and Gender Studies class, to name a few.

After we finished the game, we discussed how we were introduced to feminism, and went over all of the events for this semester. We left excited for the semester to come!

-Kati Cruger
FLAME Public Relations

“To tell a woman everything she may not do is to tell her what she can do.”

~Spanish Proverb

Welcome Back FLAME!

We are so excited to have you back for the new semester! We have a lot of exciting things planned for you, from the Vagina Monologues, to It Affects Me Week, to a presentation by the Guerrilla Girls. All of this on top of all our great meetings! We hope to see you at all of these events and look forward to working with you to help affect change!

In Feminism,
Brandy, Brigid, Christine, Elisé, Heather, Julie,
Kati, & Liz



Vagina Monologues 2009 Progress

Vagina Monologues rehearsals are in full swing! The cast is working hard to make this the best show ever! On the production side, F.L.A.M.E. members, along with cast members, have been out on the town looking for sponsors! Our town is showing full support for our production, and we couldn't be happier. If you want to get more involved in the production, contact one of the executive members for more information!



"Spellbinding, funny, and almost unbearably moving . . . it is both work art and an incisive piece of cultural history, a poem and a polemic, a performance and a balm and a benediction." —Variety

YWCA Stepping Stones Training

The YWCA Stepping Stones is a phenomenal program designed to supporting sexual assault survivors and their loved ones. They are offering volunteer opportunities that is quickly approaching.

VOLUNTEER TRAINING: YWCA Stepping Stones Sexual Assault Program is offering 40-hour volunteer training for those who wish to be an advocate for a survivor of sexual assault or abuse.

***Volunteer duties*:** Confidentiality is **REQUIRED!** After attending the 40-hour training, volunteers will carry a pager when they are on call. Volunteers are requested to be available one shift per month.

If you are paged by PATH, you may be requested to talk with a victim/survivor on the phone or two advocates may provide support at the hospital or police department. Stepping Stones staff responds to calls during the work hours on Monday-Friday. The volunteer training will cover types of sexual violence, rape trauma syndrome, crisis intervention, medical and legal advocacy, rape culture and listening skills. There will be a number of local speakers, role plays, videos and activities.

Training Dates:

DATE TIME Hours

- | | | |
|----------|---------------|----------------------------------|
| 01/30/09 | 12:30-4:30pm | 4 |
| 02/06/09 | 1:30-4:30pm | 3 |
| 02/13/09 | 1:30-4:30pm | 3 |
| 02/20/09 | 11:30-4:30pm | 5 |
| 02/27/09 | 9:30am-4:30pm | 6 (1 hour for lunch on your own) |
| 03/06/09 | 9:30am-1:30pm | 4 |
| 03/20/09 | 9:30am-4:30pm | 6 (1 hour for lunch on your own) |
| 03/27/09 | 1:30-4:30pm | 3 |
| 04/03/09 | 9:30am-4:30pm | 6 (1 hour for lunch on your own) |

Please contact yruiz@ywcaclean.org for more information or if you are interested!

Exec Contact Info

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Feminist Art: How do you represent your ideals?
Hey FLAME! I would like to start including more things from our members in this newsletter. If you have any feminist art, poetry, writing, or anything you feel this newsletter would benefit from, send it to me at krcruger@ilstu.edu. Thanks!—Kati Cruger. FLAME PR